Histopathological changes in the reproductive system (ovaries and testes) of Oreochromis mossambicus following exposure to DDT

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A bstract

This study assesses the effects of 1,1-bis (4-chlorophenyl)-2,2,2-trichloroethane (DDT) on the reproduction and gonadal histology of adult Mozambique tilapia (Oreochromis mossambicus). The fish were allowed to breed, following exposure to 2 and 5 μg/l of waterborne technical-grade DDT for 40 days. Fertilized eggs were artificially incubated. In the 5 μg/l exposure, posthatch survival was significantly lower, and prevalence of larval skeletal deformities significantly higher, compared to the control (p<0.05). Incomplete axial development was the common gross deformity in posthatch larvae, caused by failure to develop chondroblasts posterior to the buccopharyngeal cavity. There were no significant differences in the gonadosomatic index of exposed and non-exposed male and female adults. The exposure caused increased oocyte atresia in the ovaries and disorganization of seminiferous lobules in the testes of adults. DDT exposure reduced survival and increased deformities in larvae, at levels that did not cause severe histopathological changes to parental gonads.

1. Introduction

1,1-Bis (4-chlorophenyl)-2,2,2-trichloroethane (DDT) is a persistent pesticide, whose compound structure permits several different isomeric forms, and has been implicated as an endocrine disrupting chemical (EDC) (Arcand-Hoy and Benson, 1998). Technical-grade DDT contains 65-80% p,p'-DDT, 15-21% o,p'-DDT and up to 4% p,p'-DDD (bis[4-chlorophenyl]-1,1-dichloroethane) (ATSDR, 2002). The o,p-isomer constitutes about 15% of technical-grade DDT, and has been reported to be weakly estrogenic (Donohoe and Curtis, 1996; Metcalfe et al., 2000; Papoulias et al., 2003). DDT isomers, including o,p'-DDT have been implicated in reduced development of penises in male alligators from a contaminated Lake Apopka, Florida, USA (Guillete et al., 1994). In a study where o,p'-DDT was administered intraperitoneally in male Nile tilapia, it was shown that it has the potential to disrupt the endocrine system of whole fish (Lean˜os-Castan˜eda et al., 2007). The p,p'-isomers of DDT are considered androgen receptor antagonists (Kelce et al., 1995).

In 2000, South Africa negotiated to continue with limited and controlled application of DDT to eradicate the pyrethroid resistant mosquito Anopheles funestus and thus reduce the incidence of malaria in affected regions (Bouwman, 2002). There have been several reviews on the toxic effects and health risks of DDT in humans and in wildlife (Turusov et al., 2002; Dalvie et al., 2004; Rogan and Chen, 2005). Observed effects of DDT on wildlife have ranged from subtle changes in basic physiology of species to permanently altered sexual differentiation (Edmunds et al., 2000). Recent field surveys carried out in the Rietvlei Nature Reserve in South Africa showed the presence of DDT residues in the water and sediment (Bornman et al., 2007).

Histopathology has received increased interest as an endpoint in EDC research in aquatic organisms, because histopathological changes are often the result of the integration of a large number of interactive physiological processes. Sub-lethal exposure to persistent organic compounds may alter key enzymatic activities and potentially cause reproductive effects, by reducing fecundity and population recruitment (Patyna et al., 1999). The hypothalamic–pituitary–gonadal (HPG) axis of teleost fishes, whose principal components are the hypothalamus and pituitary gland in the brain, the gonads and the liver, is generally similar to that of other oviparous vertebrates (Ankely and Johnson, 2004). The gonads are the primary organs of reproduction and, as such, will reflect substantive disturbances to the HPG axis (USEPA, 2006). Histopathology helps to identify target organs of toxicity and mechanism of action (Wester et al., 2002). As a tool for assessing endocrine disrupting effects in fish, histopathology has also been applied in other studies such as endocrine disruption in the ovaries and testes of zebrafish (Van der Ven et al., 2003) and in the adult fathead minnow (Leino et al., 2005).

Toxicologic histopathology is used to identify and describe morphologic differences between unexposed and compound-exposed animals. The Mozambique tilapia (Oreochromis mossambicus), was
used in this study as a bioindicator of the histological effects of DDT on the gonads, and to observe indications of transmission of effects to the offspring. It was selected for this study because it can spawn repeatedly several times during the year. There is also the deposition of clutches of numerous eggs which can be fertilized by the same male, and this assures ample numbers of genetically similar offspring that are incubated under identical conditions (Holden and Bruton, 1992).

Whole organism endpoints included in the assessment of reproductive effects in this study were fecundity (number of eggs spawned), hatching success (number of eggs that produce larvae) and larval viability which in this case was the survival of the larvae beyond full yolk absorption and the occurrence of malformations in the larvae. This type of information has ecological relevance in that it can be useful for subsequent population extrapolation in ecological risk assessment (Wester et al., 2002; Hutchinson et al., 2006). The aim of this study was to assess gonadal histopathological changes associated with aqueous DDT exposure and effects on reproduction success. This study further contributes to the development of *O. mossambicus* as a model species for EDC testing as it has already found many applications in EDC testing (Marchand et al., 2008; Hill, 2009).

2. Materials and methods

2.1. Test organism

The fish were obtained from the University of Zululand aquarium in Richards Bay, South Africa, where they had been bred under laboratory conditions. The fish were acclimated for 4 weeks in 1000l tanks receiving continuous flow of dechlorinated-nated water at 25-28 °C (Van Dyk et al., 2007). The sub-lethal DDT exposures were conducted at nominal concentrations of 2 and 5µg/l of 1,1-bis (4-chlorophenyl)-2,2,2-trichloroethane (DDT) (Sigma). These nominal concentrations were selected in the context of field measurements from a survey done in an urban reserve in South Africa (Bornman et al., 2007). The concentrations also fall within the sub-lethal range that has been tested by other authors (Benton et al., 1994; Metcalfe et al., 2000; Check et al., 2001). The fish were kept under a 12:12 light:dark (LD) cycle regulated by electric timers throughout the exposure period, and the water temperature at 25-28 °C. The control and exposure fish were fed every other day to satiety between 9 and 10 a.m. on trout pellets. The fish were fed at regular and consistent intervals, as it has been noted that inadequate nutrition can adversely affect the GSI, egg production and basal metabolism as much as xenobiotics (Patyna et al., 1999).

A solvent control containing ethanol and a blank with no DDT were run concurrently with the exposures. Water quality parameters were checked weekly and the following values were recorded and are presented here as mean±S.D.: temperature 26.9°C± 1.13; pH 6.97±0.16; conductivity 192.94 µS/cm±43.05; oxygen saturation 88.5%± 5.58; total dissolved solids 105.88 ppm± 5.76.

2.2. Exposure system

The test solutions were prepared first from a concentrated solution of 1,1-bis (4-chlorophenyl)-2,2,2-trichloroethane dissolved in 10 ml of absolute ethanol. A 500 µL aliquot of each stock solution was required to be added to 900 ml of gently aerated reverse osmosis water. The exposures were carried out in an adaptation of the semi-static renewal system replaced every 7 days. The average measured concentrations at the end of each 7-day exposure cycle were measured and found to be below detection limit for the blank, the solvent control and 2/2µg/l; and for 5µg/l were 0.15/µg/l 4,4-DDD; 0.1 /µg/l 2,4-DDT. The water analysis was done at The Residue Laboratory of Agriculture Research Commission at Onderstepoort Veterinary Institute (South Africa) using GC coupled to a quadrupole MS detector, Standard Method GCMCS 003.

2.3. Exposure procedure

The fish were of a mean length of 19.4 cm (S.D. ± 2.34) and a mean mass of 99.8 g (S.D. ±33.7). The exposures commenced with sexually mature adult fish *n* = 3 males and *n* = 6 females, to allow the organisms breeding space because sexually mature *O. mossambicus* exhibit aggressive territorial behaviour. The fish were kept underexposure conditions forotalato40days in separate sections of the tank. The chronic exposures were intermittent to avoid overwhelming the fish. After every 7 days of exposure the fish were kept in re-circulating water with no DDT for 24 h. After 40 days the exposure was discontinued and the fish placed in a re-circulating untreated water system. The fish were allowed to breed in reverse osmosis (RO) water that did not contain any chemicals. Hence the fertilization and transfer of eggs into the female’s mouth occurred in untreated water and the eggs did not have direct contact with water treated with DDT. Solvent control treatments were carried out under the same conditions, using 500 µL of absolute ethanol in 900 ml of RO water. Water discharged from the exposure tanks was filtered through activated carbon before disposal.

2.4. Breeding and fertilization success

After spawning the organisms were carefully removed from the tank using a hand-net. The fertilized eggs were manually extracted from the female’s mouth by gently opening its mouth into a bowl of RO water. The eggs were counted and placed in an incubator that was designed to enable water circulation and aeration. This simulated the movement of gill-plates in the female which provide gentle tumbling and water circulation for the eggs in the mouth. There was no further exposure of the eggs and they were incubated in uncontaminated RO water. The number of successfully hatched eggs was noted. At 10 days posthatch (dph) the larvae were sampled for histological analysis to analyse differences in the interior structure of the larvae with deformities and those that were not deformed.

2.5. Sample preparation

The sex, gutted body weight and length of the breeding fish were recorded. The fish were killed by severing the spine just below the head(Du Prezetel, 1997). The gonads were re moved and weighed to the nearest mg then expressed as a percentage of total gutted body weight to obtain the gonadosomatic index (GSI).

2.6. Histological preparation

The gonads of adults were fixed in Bouin’s Fixative for 18 h and stored in 70% methanol. The 10 dph larvae were killed instantly by placing in a jar with a few drops of formalinlithethxyle were fixed in 10% neutrally buffered formalin. Dehydration was carried out in an ascending series of ethanol and the tissue was cleared in xylene. The tissues were then embedded in paraffin wax and cut into 5 µm sections on a rotary microtome. The sections were mounted on glass slides and stained with haematoxylinH&E(VanDyket al., 2007). Histological sections of 10 dph larvae were taken from the anterior abdominal cavity (Gisbert et al., 1998).

2.7. Histopathology

The general morphological and histological structures of *O. mossambicus* gonads have been studied in detail, and six stages of sexual maturity have been described by Hatikakoty and Biswas (2004). The organisms in this study were dissected in pre-spawning to spawning phase. Semi-quantitative analysis of gonadal histological changes in the exposed breeding organisms was done on an arbitrary scale of 1-5, relative to how widespread the effect was within a single specimen. Therefore 0 represented a complete absence of lesions and 5 the most widespread lesion or structural alterations. Due to the subjective nature of interpretations for histopathological effects caused by toxicants, observations were limited to specific and clearly distinguishable disturbances that can be verified by different investigators (USEPA, 2006). The ovaries were examined for atresia and other changes related to atresia. The testes were analysed for changes in the organization of seminiferous lobules and the appearance of the cells associated with different stages of spermatogenesis.

2.8. Statistical analysis

The results are presented as mean±S.E. Statistical analysis was by one-way analysis of variance (ANOVA) and Dunnet’s Multiple Comparison Test was used to determine significant difference against the control.

3. Results

3.1. Egg counts and hatching success

Egg counts were expressed in proportion to body weight (relative fecundity) (Fig. 2) because independently the total egg counts did not show a pattern, and seemed to suggest that absolute fecundity was lowest in the blank (Fig. 1). There was a lower number of eggs hatched in the 5 µg/l group compared to the control but the difference was not statistically significant (Fig. 1). There was no significant difference in the number of eggs/100 g of body weight between the exposed groups and the control (Fig. 2).

Posthatch survival was given as a percentage the total number of eggs spawned at the beginning. The eggs that were hatched with malformations did not survive beyond full yolk absorption. Fig. 3 shows that survival in the 5 µg/l exposure was the only one significantly lower than the control.
3.2. Deformities

The gross deformity that was observed in these experiments was incomplete axial development in the offspring. Histological assessment showed that in the deformed larvae there was insufficient development of chondroblasts and myoblasts posterior to the buccopharyngeal cavity below the brain (Schilling and Kimmel, 1997). Fig. 4 shows that the most significant number of deformities occurred in the 5 μg/l exposures. The deformities were observed in the control group, but were significantly higher in the 5 μg/l group.

3.3. Gonadosomatic index

The GSI was calculated from adult males and females following spawning after a 40-day exposure period. Fig. 5 shows that there were no significant differences in GSI between the organisms exposed to DDT and the controls.

3.4. Histopathology of the ovaries

A score of zero was assigned if no atretic oocytes were observed. Atretic oocytes were characterised by loss of oocyte shape, a distorted chorion and a disorganized and fragmented yolk (Hall et al., 2007) (Fig. 9). The breakdown of granulosa layers (which maintain the structural integrity of the oocyte) leads to structural impairment and functional loss. The occurrence of atresia was higher

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**Fig. 1.** Mean total egg count (absolute fecundity) and mean total number of eggs hatched. Error bars represent ±S.D. The total number of eggs hatched was lowest in the 5 μg/l but not statistically significant. Scontrol = 0.5% v/v ethanol.

**Fig. 2.** Relative fecundity of exposed and non-exposed female *O. mossambicus*. Presented as mean eggs per 100 g of body weight, error bars represent ±S.D. Not statistically significant compared to the control *p* > 0.05, d.f.=3. Scontrol=0.5% v/v ethanol.

**Fig. 3.** The number of larvae able to survive past the hatching stage under artificial incubation, following exposure of parents. Analysis done on arcsin-transformed percentages of the total number of eggs spawned. The 5 μg/l was significantly higher than all the other three treatments at *p* < 0.05 by one-way ANOVA. The graph represents the mean±S.E., d.f. = 3. *Significant difference from the control group by Dunnett’s post hoc comparison.

**Fig. 4.** The mean percentage of deformities in the F1 posthatch larvae after water-borne DDT exposure of parents. Deformities are arcsin-transformed value of percent deformities. Scontrol = solvent control 0.5% v/v ethanol. *Significant difference from the control group using Dunnett’s post hoc comparison (*p*<0.05), d.f.=3.

**Fig. 5.** The GSI of adult male and female *O. mossambicus* following exposure to DDT. There was no statistically significant difference between the GSI of exposed and control organisms. Graph represents the mean±S.E., d.f.=3.

**Fig. 6.** The mean histological score of the ovaries of adult *O. mossambicus* exposed to DDT. The highest frequencies are shown for 5 μg/l but on a 1-5 grading scale the mean frequencies were all below 2.
Fig. 7. The mean histological score of the testes of adult *O. mossambicus* exposed to DDT. The highest frequencies are shown for 5 μg/l but on a 1-5 scale the mean frequencies were all below 1.5. The grading was according to how widespread an effect is in a single specimen.

Fig. 8. Ovary from a an adult female *O. mossambicus* from a control group showing ca—cortical alveolus stage oocyte; lv—late vitellogenic stage oocyte with a large number of yolk globules that fill the entire ooplasm; pf—post-ovulatory follicle. H&E stain.

Fig. 9. Ovary from a spawning female *O. mossambicus* exposed to 5 μg/l showing oocyte atresia (at) and vacuolation (v). H&E stain.

Fig. 10. Ovary from an adult female *O. mossambicus* from the 5 μg/l exposure stained with H&E. Presence of vitellogenic fluid (vf) in the ovarian parenchyma, possibly from degeneration of mature vitellogenic oocytes. Necrotic oocyte (arrow).

Fig. 11. Ovary from an adult female *O. mossambicus* from the 5 μg/l exposure stained with H&E. Epithelial lifting of the basal membrane in a spawning male where blood capillaries become conspicuous and seminiferous lobules become larger and full of sperm. Figs. 12 and 13 highlight disorganized lobules where the cystic structures appear to be disrupted as shown by the arrangement of the cells, and there is loss of supporting Sertoli cells. Fig. 13 shows pyknosis condensation of the nuclei in the spermatocytes. This was observed in only one specimen, from the 5 μg/l exposure. Testicular haemorrhagic necro-

3.5. Histopathology of the testes

Spermatogonia undergo numerous mitotic divisions to form primary spermatocytes, secondary spermatocytes, spermatids and spermatozoa; resulting in production of cysts surrounded by Sertoli cells. Each lobule of the testes contains numerous cysts. Regularly organized cysts with all stages of spermatogenesis are an indication of testes in a healthy reproductive condition (Pikulkaew and Wongsathein, 2006). Out of a possible maximum severity score of 5, the mean histological scores in the testes were all below 1.5 (Fig. 7). Fig. 7 also shows that histopathological effects were observed mainly in the exposed organisms and not in the control. Fig. 11 shows epithelial lifting of the basal membrane in a spawning male where blood capillaries become conspicuous and seminiferous lobules become larger and full of sperm. Figs. 12 and 13 highlight disorganized lobules where the cystic structures appear to be disrupted as shown by the arrangement of the cells, and there is loss of supporting Sertoli cells. Fig. 13 shows pyknosis condensation of the nuclei in the spermatocytes. This was observed in only one specimen, from the 5 μg/l exposure. Testicular haemorrhagic necro-
Endocrine disrupting chemicals are known to disturb the endogenous hormonal function of organisms, affecting behaviour and secondary sexual characteristics as well as the gonads. The purpose of this study was to examine changes in the gonads following exposure of *O. mossambicus* to sub-lethal doses of DDT and how the exposure affected the offspring. There were no significant differences observed in the fecundity of organisms exposed to DDT and the control, suggesting that the concentrations applied in this study were not sufficient to cause a decrease in spawning ratios. The normal fecundity of tilapia has been investigated by various authors such as De Silva and Chandrasoma (1980) who reported that it varies from 360 to 1775 eggs per female for fish with length from 20 to 31.9 cm and weight ranging from 145 to 538 g. According to Riedel (1965) the fecundity of the species ranges from 660 to 1754 eggs/100 g body weight. There were no indications that the applied DDT exposure in the present study had any adverse effects on the fecundity of the organisms.

There were decreased numbers of larvae reaching the end of yolk stage in the 5 μg/l exposures. The developmental effects in the resulting larvae suggest assimilation of the chemical into the eggs of mature fish before spawning occurs (Donohoe and Curtis, 1996). The mortalities were attributed to the effects manifested during parental exposure, as these high mortalities were not occurring in the controls. Spawning was allowed to occur outside exposure conditions so the fertilized eggs had no direct contact with DDT water. Histological cross sections of 10dph larvae posterior to the buccopharyngeal cavity also suggested disturbance of structural features. During early differentiation there is a lot of mixing of cells during cleavage such that any one of the blastoderm cells can give rise to an unpredictable variety of tissue descendants. It is possible that such a stage is highly sensitive (Kimmel and Warga, 1987; Helde et al., 1994) to disruption by xenobiotics and abnormal tissue mixing can easily arise if there is interference. A study on zebrafish showed segmental scaffolding of chondroblasts and myoblasts suggesting that interactions between them coordinate their patterning in the embryo (Schilling and Kimmel, 1997). The observation in the controls indicated that malformations will also occur by chance or due to certain factors not accounted for in this investigation. In this study however DDT exposure was also a major contributing factor as shown by the significant levels in the exposed organisms. DDT exposure increased the incidence of larval skeletal deformities.

GSI is often applied as an endpoint of endocrine disruption because a reduced GSI usually points to a reduction in gonad mass. A reduction in testes mass leading to reduced GSI has been described as an estrogenic effect (Jobling et al., 1996; Christiansen et al., 1998; Pikulkaew and Wongsathein, 2006). Zaroogian et al. (2001) reported a dose-dependent atrophy of the testis in flounder treated with DDT. In females a reduced GSI of has been attributed to degeneration of ovaries (Scholz and Gutzeit, 2000). In this study there was no significant variation in the GSI of the breeding pairs between the fish exposed to DDT and the controls. The GSI did not serve as a sensitive endpoint for aqueous DDT exposure. A similar conclusion was drawn by Lean˜os-Castaneda et al. (2007) when there was no significant change in GSI in male tilapia exposed to o,p′-DDT.

In fathead minnow it has been shown that potential effects of steroidogenesis inhibitors include impaired vitellogenesis, pronounced oocyte atresia and suppression of oocyte maturation, ultimately leading to a reduction in fecundity (Ankley et al, 2002). While the occurrence of deformities was significant, fecundity was

unaffected and ovarian lesions were not severe on a numerical scale. The main morphological characteristics of the ovary are the presence of a full range of oocyte maturation stages including oogo-nia, previtellogenic oocytes and mature vitellogenic oocytes (Van der Ven et al, 2003). The results from this study did not show a distinct interruption of the normal pattern of oocyte maturation which is normally indicative of significant inhibition of steroidogenesis. Inhibition of oocyte maturation is linked to inhibition of gonadotrophic hormone secretion (Wester et al., 2002).

Pre-ovulatory atretic follicles have been identified as a key histo-logical feature that shows EDC effects on ovarian development and spawning (Leino et al., 2005). Estrogenic exposure leads to relative increase in atretic follicles and a decrease of vitellogenic oocytes, intensity depending on the level of exposure (Van den Belt et al., 2002). The vitellogenic fluid which was observed, described as a proteinaceous (vitellogen-rich) fluid (Van der Ven et al., 2003) is likely to be caused by degeneration of mature vitellogenic oocytes due to chemical exposure. Although there seemed to be a higher occurrence of alterations on the 5 ug/l group, out of a possible maximum score of 5 the alterations caused by DDT under our exposure conditions were not severe. It should also be pointed out that in all the samples though there were necrotic primary oocytes in some specimens, there was no evidence of suppression of the succession of oocyte maturation stages.

Spontaneous lesions of oocytes can also occur randomly under normal conditions, as reported in zebrafish studies, and this is a phenomenon of fish pathology that has been broadly investigated (Rossteuscher et al., 2008). Under the control conditions, the females did not show a susceptibility to spontaneous oocyte atresia, as shown by the low frequency of atresia, compared to exposed organisms. However it is important to note that under the conditions described in this study the females can eject their mature eggs when they are ready to spawn and incubate them in the mouth even in the absence of a male to fertilize them. It may be concluded that the prolonged absence of males may have been a source of stress which could have compromised the physiological reproductive health of the female fish. This stress may have caused the occurrence of atresia in control organisms. We could not conclude whether the necrotic oocytes were a direct result of DDT exposure since there was similar frequency in all the experimental groups.

It has been found in previous studies that DDT congeners act as estrogens impairing testes function via hormonal system (Pikulkaew and Wongsathein, 2006). It was evident that out of a possible maximum grade of 5, the histological effects in the males were also generally not severe. The various stages of spermato-genesis could be identified in the cysts. The highest frequency of alterations occurred in the 5 ug/l exposure. Some epithelial lifting and detachment of the basal membrane was observed in all the experimental groups and could not be directly linked to DDT exposure even though by comparison it occurred with higher frequency in the highest exposure concentration. Except for a single specimen showing signs of pyknosis, in which case the different types of cells contained in the cysts were not distinguishable, the males did not exhibit severe responses to DDT exposure. The changes in the histology of the testes are an indication of the disturbances to the HPG axis (Wester et al., 2002), but they did not affect ability to pair up with females and fertilize eggs. In the females however the effects were transferred to the next generation, therefore pointing to reduced disturbances to the HPG axis (Wester et al., 2002), but they did not affect exposure. The changes in the histology of the testes are an indication of the disturbances to the HPG axis (Wester et al., 2002), but they did not affect exposure. The changes in the histology of the testes are an indication of the disturbances to the HPG axis (Wester et al., 2002), but they did not affect exposure. The changes in the histology of the testes are an indication of the disturbances to the HPG axis (Wester et al., 2002), but they did not affect exposure.

Conflict of interest statement

None.

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References


paper is useful to assess the ecological risk of DDT in waters, based on the reproduction effects and the histopathological evidence.

Conflict of interest statement

None.


Riedel, D., 1965. Some remarks on the fecundity of Tilapia (J. mossambica Peters) and its introduction into Middle Central America (Nicaragua) together with a